

Rice Pudding



By Peter Spyros Goudas

Mr. Goodbar's



RICE PUDDING

*Delicious Rice Pudding
Now ready-to-eat from Mr. Goudas*

*Dear friends, supporters and
customers of my products.
I would like to tell you a little story
about rice pudding.*

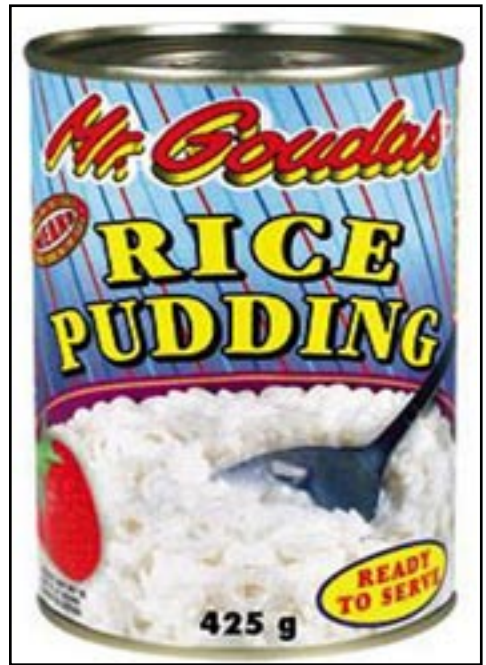
*As you probably know, the roots
of rice pudding came from Turkey
centuries ago, and the tradition
went from generation to generation,
where it finally arrived in the hands
of my Mother, Thekla who happened
to be from Smyrna, Asia Minor.*

*Maybe some of you know what
happened in 1921 in Asia Minor.*

*Let us forget the misfortunes of
those people; please do not hate the
Turks because of that.
Let us take that wonderful Turkish
recipe and relate it to the recipe
I am about to reveal.*



Thekla at 70



*If you go into a large Internet search
engine and look up the words
“Rice Pudding” you will find
324,000 documents and articles,
most of which tell you how
to make it.*

*There are recipes related to
Caramel Rice Pudding, Chocolate,
Dates, Fruit, Creamy, Silky, Ginger,
Coconut Rice pudding, and we can
go on and on and on; endless lists
of recipes that take forever to be
written down on paper.*

*During and after WWII, my mother
made Rice Pudding because rice
was a very inexpensive item, with
which to make this simple recipe.*

*The only other ingredient needed
besides a handful of rice is: a little
fresh milk, a little sugar, a lot of
imagination, patience and love.*

The reason you need patience is

because you have to stay on top of the pot in the final stages of cooking so that the milk does not stick to the pots bottom, and at the same time the rice has to be already cooked to perfection.

The milk taste has to disappear by blending it in with the rice. I also remember that my mother never wanted any of us kids to distract her during the final stages of preparation so that the pudding would not stick to the pot.

My mother always made Rice Pudding as if she was creating the most extravagant work of art.

In 1998, there was an issue in Belgium about Mad Cow Disease.

The only company in the world that was making Rice Pudding, which was located in Belgium, was not able to ship it to Canada or to the United States, because of that issue.

Therefore, I started thinking in terms of making Rice Pudding.

I knew that I was about to loose a pile of money through the research and development of this new project.

I would like to inform the general public that if someone wants to make a canned Rice Pudding, he does not just make a big bucket of pudding, scoop it into the can, put the lid on it and expect it to be rice pudding.

No!! Of course not! The process is very different from this.

The raw ingredients have to be cooked while already packaged in the can.

They also have to be individually consistent, which means X amount of rice and X amount of milk filled with sugar.

You then place each can in the retort (pasteurization process), raise up the temperature to a specific degree for an exact amount of time, then the chilling procedure commences.

All this preciseness is needed to avoid overcooking and sticking to the can. This is very similar to the cooking artwork my mother performed back in WW II.

We then sterilize and rotate the product for a certain amount of time. A project like this takes thousands of dollars in research and development, and after you have that





accomplished, you will need a factory with which to do it.

As you can understand, at the research stage you cannot make a batch of a few cans.

Instead you have to make a batch of a few thousand cans.

You keep them for a minimum of fourteen (14) days, to make sure that sterilization is perfect and to ensure proper shelf life and consumer safety.

You then open one can and try the product; now you may need a little bit more sugar, maybe some more rice, maybe less milk? maybe, maybe, maybe!!!!

The variations and adjustments are almost endless.

Consequently, I make up another batch and throw out the previous batch, then I try a different rice. Yet this rice absorbs more water and becomes more solid so, we have to discard this batch and keep making more batches, one after the other, until I consider it to be as perfect as it can be.

As all my friends know, I am a fussy, particular, miserable, and a perfectionist, as well as some other descriptive words found in the dictionary, when it comes to food. Finally, it seems that this one batch





is the right one and at that moment, mass production can begin.

The first batch goes to food critics, my friends, restaurant owners, people whom I can trust to be honest in their opinion, and if the majority of them believe that it is the right and perfect one, then and only then



do I present it to the many supermarket shelves.

Obviously, there are so many recipes and variations of Rice Pudding and I can not please the whole world, but I know deep within my heart that



I did the best humanly possible, and it is sufficient to say my Rice Pudding is one of the best in the world!

I am very happy to receive letters to verify that statement.

In the near future, I will be making Mr. Goudas Peach Rice Pudding, Pineapple Rice Pudding, and Raisin Rice Pudding, in small individual sizes, easy-to-open cans that can be served in hospitals, airlines, retirement home, cafeterias, etc.

To all you parents, most importantly, do not forget to pack your children's lunches with one can of love (Mr. Goudas Rice Pudding) which contains high nutritional value, instead of potato chips, and other junk food.

My company, would be very happy to receive a letter from you in the letters section of our web site, with your opinion about this or any other of my products.

I would like to mention, that I am fully aware I may never see profit from this project in my lifetime to cover the enormous investment in

research, development and machinery to make the best Rice Pudding the world has ever known.

Serve at room temperature or heat up for 1 minute in the microwave.

Add a dash of cinnamon, if desired.

Thank you for taking time to read this article.

*Bon Appetit,
and remember,*

*Goudas on the label
MEANS
good food on the table.*

Although you have read comments above like “I did this, or I did that”, it must be clearly understood that many more people, other than myself, are involved to make such a marvelous product, or any other product that comes out of the Goudas Foods Organization. People like microbiologists, food chemists, sealing and packaging specialists, nutrition evaluators, packaging and label designers, market researchers, government advisors, food surveyors, quality control personnel, post production evaluators...

and the list never ends.

In a few words, its like a huge product producing orchestra, with myself as the conductor!



Publication Information

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